



# CARROTS

## AVAILABILITY

12 Months a Year

## PACKAGING DETAILS

Jumbo	10LB,25LB,50LB
Cellos	48 x 1LB, 24 x 2LB, 16 x 3LB, 10 x 5LB, 5 x 10LB
Nantego	15 x 1LB

## FARMING LOCATIONS

Canada & Mexico

## SPECIALTY PACKS AVAILABLE

## Nutrition Facts Valeur nutritive

1 Medium Carrot (136g)

<b>Calories 35</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides 0 g</b>	<b>0 %</b>
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 8 g</b>	
Fiber / Fibres 2 g	3 %
Sugars / Sucres 5 g	8 %
<b>Protein / Protéines 1 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
Potassium 270 mg	8 %
Sodium / Sodium 65mg	3 %
Vitamin A / Vitamine A	60 %
Vitamin C / Vitamine C	10 %
Calcium	2 %
Iron / Fer	2 %

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

## Request Pricing Information

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